

1. **Sue-Joan Chang*** and Yun-Ching Chang. Oxidative stress and Sarcopenia. 「12th Biennial Meeting of Society for Free Radical Research-Asia , SFRR-Asia2026」 Chiang Mai, Thailand. 2026.12.16-19.
2. **Sue-Joan Chang***, Yun-Ching Chang and Zhi-Yao Hsu. AHCC® Attenuates Cancer Cachexia by Modulating Tumor Progression, Gut Barrier Integrity, and Immune Balance. 「第三十四屆統合醫療機能性食品國際會議」(The 34th ICNIM2026) , Sapporo, Japan. 2026.9.12-13.
3. Yun-Ching Chang, Yu-Chi Chen, Zhi-Yao Hsu and **Sue-Joan Chang***. Oligonol® Prevents Cancer Cachexia by Suppressing Inflammation and Preserving Mitochondrial Function and Muscle Anabolic Signaling. 「第三十四屆統合醫療機能性食品國際會議」(The 34th ICNIM2026) , Sapporo, Japan. 2026.9.12-13
4. **Sue-Joan Chang*** and Yun-Ching Chang. Restoration of Amino Acid Anabolic Resistance in Aging Skeletal Muscle 「The 1st International Amino Acid Symposium」 , Tokyo, Japan, 2026.9. 3–4,
5. **Sue-Joan Chang*** 小分子褐藻醣膠緩解高齡肌少症(Oligo-Fucoidan alleviates sarcopenia in the elderly). 「第十七屆褐藻醣膠臨床實證與健康照護研討會」 Taipei, Taiwan, 2026.6.28.
6. **Sue-Joan Chang*** and Yun-Ching Chang. Precision Functional Foods Prevent and Attenuate Sarcopenia to Promote Healthy Aging. 「2026 年 台灣保健食品學會年會暨國際學術研討會「功能性食品在健康老化與疾病預防中的新契機國際研討會」(International Conference on New Opportunities for Functional Foods in Healthy Aging and Disease Prevention). 中山醫學大學 Taichung, Taiwan, 2026.3.6. Abstract Book: 15
7. Yun-Ching Chang and **Sue-Joan Chang *** Targeted Nutrition and Exercise Prevent or Attenuate Muscle Atrophy in Aging. 「第十三屆營養和體能活動在老化、肥胖與癌症國際會議」(The 13th Nutrition and Physical Activity on Aging, Obesity ,and Cancer, NAPA International Congress), Yeosu, South Korea, 2026.1.7-9. Abstract Book: 198
8. **Sue-Joan Chang***. Oligonol® in Muscle Health. International Congress on Nutrition and Integrative Medicine. (The 33rd ICNIM2025) 「第三十三屆統合醫療機能性食品國際會議」 , Invited speaker, Sapporo, Japan. 2025.11.8-9. Abstract Book: P. 19.
9. **Sue-Joan Chang*** Plant-Based Precision Health: The Next Generation of Smart Strategy for Insulin Resistance. Health Ingredients 2025. Tokyo Big Sight Exhibition Center. Seminar PC. 2025.10.16.
10. **Sue-Joan Chang***. Oligonol® in Muscle Health – Scientific evidence from molecular mechanisms to clinical applications. Hokkaido innovation in ingredients for sports and muscle health. National Taiwan University Convention Center. 2025.9 2
11. International exchange Meeting(The 6th IEM2025) 「第八屆國際交流會議」 , Sapporo, Japan. 2025.11.7 (Invited scholar)
12. Targeted nutrition and exercise prevent and/or attenuate sarcopenia. Nutrition and Physical Activity on

Aging, Obesity, and Cancer (13th NAPA international conference). 2026.1 7–9, Yeosu, Korea(Invited scholar)

13. Oligonol[®] improves sarcopenia by facilitating the use of branched-chain amino acids in aging skeletal muscle. International Congress on Nutrition and Integrative Medicine. (The 32nd ICNIM2024) 「第三十二屆統合醫療機能性食品國際會議」, Sapporo, Japan. 2024.7.20-21 (Invited speaker)
14. International exchange Meeting(The 6th IEM2023) 「第七屆國際交流會議」, Sapporo, Japan. 2024.07.19 (Invited scholar)
15. Oligonol[®] promotes chemosensitivity to cisplatin and prevents cisplatin-induced muscle wasting via NFκB suppression. International Congress on Nutrition and Integrative Medicine. (The 31st ICNIM2023) 「第三十一屆統合醫療機能性食品國際會議」, Sapporo, Japan. 2023.07.08-09 (Invited speaker)
16. International exchange Meeting(The 6th IEM2023) 「第六屆國際交流會議」, Sapporo, Japan. 2023.07.07 (Invited scholar)
17. Non-proteinogenic amino acids in sarcopenia 第 22 屆國際營養大會(IUNS-ICN 22nd International Congress of Nutrition). Tokyo, Japan. 2022.12.06- 11.(Invited speaker)
18. 2019 「第七屆食品因子(ICoFF)、第十二屆營養保健品與機能性食品(ISNFF)及第九屆多酚類與健康(ICPH)聯合國際會議」 (7th International Conference on Food Factors, the 12th International Conference and Exhibition on Nutraceuticals and Functional Foods and the 9th International Conference on Polyphenols and Health)。講題: 「Food Factors for Skeletal Muscle Health (有益於骨骼肌健康的食品因子)」、擔任座長並任大會國際指導委員。2019.11.28-12.05 日本神戶
19. 2019 5th Asian Conference for Frailty and Sarcopenia (5ACFS),第五屆亞洲衰弱與肌少症國際會議，講題: 「肌少症的治療標的:粒腺體品質與微環境」 2018 12. 22-24. 台北
20. 2019 第二十七屆統合醫療機能性食品國際會議(The 27th International Congress on Nutrition and Integrative Medicine, ICNIM 2019)，講題: 「 Oligonol[®]透過調控肌肉蛋白質轉換與粒腺體品質可減緩肌少症」 2019.7.25-27. 日本北海道
21. 2018 APNNO 泛亞洲營養基因體學國際研討會 (Asia-Pacific Nutrigenomics & nutrigenetics Organization) 講題: 「肌少症的治療標的」。2018.12.2-5.日本東京